

Distracted Driving Becoming Serious Problem

By Basil Housewright

For most all auto insurance carriers the frequency and severity of auto accidents have increased sharply. A major contributor to this is distracted driving. A few safety driving precautions are of value.

Don't be distracted. Put your cell phone away when you're driving. The number of people using their phones while driving is increasing tremendously and is causing many very serious accidents. Only two seconds of distraction time doubles the chances of an automobile accident. If you need to use your phone first pull over and park safely out of the flow of traffic.

When driving keep your eyes on the road at all times.

Check you fluids levels and tire pressure frequently especially before leaving out on a long road trip.

Don't drink alcohol or use drugs and drive.

Require that all occupants in your vehicle wear seat belts.

Do not tailgate. Leave plenty of room between you and the vehicle in front of you.

You share the road with others and that includes large trucks that take much longer to stop so do not cut in front of them just because they leave a longer space between them and the vehicle in front of them. They need this margin of area for safe stopping.

Keep pets in carriers when in your vehicle.

The Thanksgiving travel period is defined as the day before Thanksgiving through the Sunday after Thanksgiving. With an expected 40 million+ Americans driving during part of that period this year. There are typically several hundred traffic related deaths during the Thanksgiving holiday period so stay safe if you are traveling.

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